



The Prana Program - Effective & Enjoyable Evolution

Jasmuheen

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Everything you need to know about prana. Alternate Energy for the New Millennium, including a Program for eliminating hunger in Third World countries. Can we eliminate all health & hunger challenges on our planet? Is there a way of satiating everyone's physical, emotional, mental and spiritual hungers and do it in a way that creates peace and harmony in our world? After over a decade of experiential research in the field of alternate nourishment utilizing chi or prana - also known as cosmic particles - Jasmuheen as leading researcher in this field, now puts forth a program to do just that. Specializing in Third World countries, THE PRANA PROGRAM e-book is an encyclopedia of 'everything you always wanted to know about prana and more'. In Question & Answer format this book covers methods of nourishing and hydrating the body using an inner energy source produced in the body to free us from our dependence on world's food resources and changing the economic status of our world.

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