



# Psychoeducational Groups: Process and Practice

*Nina W. Brown*

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## **Psychoeducational Groups: Process and Practice** Nina W. Brown

With this third edition, *Psychoeducational Groups* remains the only comprehensive, user-friendly guide to planning, implementing, facilitating, and evaluating psychoeducational groups. It presents all the necessary information to prepare leaders of a psychoeducational group through group design and practice. Included are step-by-step guidelines on how to initiate group sessions, construct group objectives, engage group members, monitor progress, and establish evaluation and follow-up guidelines. Emphasis is placed on the personal growth and development of the group leader, with careful consideration given to increasing awareness of personal issues and the potential impact that a leader can have on the group. New to this edition are chapters on cultural and diversity factors; risk management and ethics; groups for relating and communication; and groups in educational, agency, and workplace settings.

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