



Growing Up on the Spectrum: A Guide to Life, Love, and Learning for Teens and Young Adults with Autism and Asperger's

Lynn Kern Koegel Ph.D., Claire LaZebnik

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The first comprehensive guide to helping teens with autism—from the acclaimed authors of *Overcoming Autism*

With an estimated half a million Americans under twenty-six on the autism spectrum, this book offers the reassurance, solace, and practical solutions that so many people are searching for. Following up on their work in *Overcoming Autism*, which offered advice for teaching young children on the spectrum, Lynn Koegel and Claire LaZebnik now present strategies for working with teens and young adults living with this complex condition. Addressing universal parental concerns, from first crushes and a changing body to how to succeed in college and beyond, *Growing Up on the Spectrum* is a beacon of hope and wisdom for parents, therapists, and educators alike.

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