



Diabetes to Wholeness: A Natural and Spiritual Approach to Disease Prevention & Healing

Beth M. Ley

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Dr. Beth Ley, nutrition counselor, has been successfully working with diabetics for years. She shares her experience and wisdom in this easy to read booklet!

Diabetes is the third leading cause of death in the U.S. It also inflicts serious suffering in the form of blindness, nerve damage, heart disease, stroke, circulatory problems, gangrene and loss of limbs.

In just 25 years, the incidence of diabetes has increased over 600%, accounting for over 300,000 (mostly preventable) deaths each year.

Find out: -How to prevent and naturally treat diabetes AND the complications associated with it. -The early warning signs of glucose intolerance and Syndrome X - a Type II diabetes precursor. -The significance of: Lipoic Acid & other antioxidants Chromium, Zinc & other trace minerals Gymnema Sylvestre, Momordica, Bilberry & other herbs, Beta Glucan, Flax & other fibers Whole foods & low glycemic index foods -Stevia - the SAFE, natural sugar alternative -Refined foods, trans fatty acids & much more! -What foods to eat, what foods to avoid. -What the Word of God has to say about issues you need to examine in your life to obtain and maintain wholeness and optimum health.

Don't cut your life short!

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This Diabetes to Wholeness: A Natural and Spiritual Approach to Disease Prevention & Healing is great guide for you because the content which can be full of information for you who have always deal with world and still have to make decision every minute. That book reveal it facts accurately using great organize word or we can state no rambling sentences included. So if you are read this hurriedly you can have whole details in it. Doesn't mean it only will give you straight forward sentences but hard core information with splendid delivering sentences. Having Diabetes to Wholeness: A Natural and Spiritual Approach to Disease Prevention & Healing in your hand like keeping the world in your arm, facts in it is not ridiculous one. We can say that no publication that offer you world throughout ten or fifteen moment right but this guide already do that. So , this is certainly good reading book. Hey Mr. and Mrs. occupied do you still doubt in which?

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