



Academic Success Strategies for Adolescents with Learning Disabilities and ADHD

Esther Minskoff, David Allsopp

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With this strategy-filled handbook, education professionals will learn what they can do to help students with mild disabilities — from high school to post-high school — develop academic skills in

- organization
- test-taking
- study skills
- note taking
- reading
- writing
- math
- advanced thinking

First, educators will work one-on-one with students to evaluate each student's learning style and individual needs. Then, for each of the areas listed above, educators will get a chapter with step-by-step cognitive learning strategies, case studies, and charts that summarize the steps as mnemonic devices. An overarching five-step model (the Active Learner Approach) for effective instruction helps teachers introduce these strategies to students, model the steps of the strategies for them, give students guided and independent practice applying the strategies to assignments, and assist students in generalizing the strategies to other subjects and settings.

With this easy-to-use guide, educators will be able to help students recognize their learning characteristics, apply strategies to meet the specific demands of their coursework independently, and reach their educational goals.

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