



The Inner Traveler's Guidebook to Moyo: Discovering The Power of Listening To Your Own Heart

Linda Newlin

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This unique book takes the Inner Traveler through a musical journey of songs, exploration and reflective inquiry into many provocative questions about why self love is so elusive to us and why are we not living our authentic, passionate and purposeful lives. Why do we ignore our hunches, inner callings, red flags, and signs along our life's journey? Why do we lose connection to our true selves and not live our dreams? What keeps us from being who we truly are and claiming the gifts we have within us? Why is self love so elusive and misunderstood? What would be possible if we could heal the past and be fully present? By taking this unique inner travel, readers will discover the power of listening to their own heart and reclaiming their wholeness, dreams and purpose for this lifetime. Reviews include: "This book was a priceless gift I gave myself." "Linda is a compass for the wandering soul."

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Alberto Meyer:

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Jerrod Spicher:

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