



Neuroplasticity, Memory and Sense of Self: An Epistemological Approach

Mirko Di Bernardo

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Neuroplasticity, Memory and Sense of Self offers a proposal for overcoming the centuries-old divide between the human sciences and the exact sciences through recourse to an epistemological framework able to bring about a fruitful dialogue between scientific experimentation (methodological reductionism) and lived experience linked to the universe of meaning (holistic dimension). The author's approach focuses on cutting-edge issues relating to the close relationship that exists between cognition and life, such as synaptic plasticity, which is the basis of memory and cognition, the relationship—at the level of the higher cognitive activity proper to human beings—between perception, thought and sense of self and the nature of intentionality, the difference between consciousness and self-consciousness, and the genesis of meaning in the context of deep processes of self-organization in order to elaborate a new epistemological approach to the mind/body problem and a new model for the process of construction of knowledge.

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