

College Safety 101: Miss Independent's Guide to Empowerment, Confidence, and Staying Safe

Kathleen Baty

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A must-have for every young woman headed off to college, this comprehensive guide to personal safety covers everything from daily life to more serious threats on campus. Safety expert and speaker Kathleen Baty offers young women essential advice for protecting themselves in the dorm, at parties, on Facebook, during spring break, and while studying abroad. She also advises on sexual harassment, domestic violence, and self-defense. Written in a friendly, accessible tone, and packed with checklists, personal anecdotes from students, safety secrets, and invaluable resources, College Safety 101 is the handbook every college student needs on her nightstand, and a priceless gift for high school grads.



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