



# Traumatic Incident Reduction: Research and Results

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"When accessed with the specific cognitive imagery procedure of TIR, a primary traumatic incident can be stripped of its emotional charge permitting its embedded cognitive components to be revealed and restructured. With its emotional impact depleted and its irrational ideation revised, the memory of a traumatic incident becomes innocuous and thereafter remains permanently incapable of restimulation and intrusion into present time." --Robert H. Moore, Ph.D.

**Traumatic Incident Reduction: Research & Results** provides synopses of several TIR research projects from 1994 to 2004. Each article, in the researcher's own words, provides new insights into the effectiveness of Traumatic Incident Reduction. The three doctoral dissertation level studies that form the core of this book investigate the results of TIR outcomes with crime victims, incarcerated females, and anxiety and panic disorders respectively (Bisbey, Valentine, and Coughlin).

Both informal and formal reports of the "Active Ingredient" study by Charles R. Figley and Joyce Carbonell of Florida State University show how TIR stacks up against other brief treatments for traumatic stress, including Eye Movement Desensitization and Reprocessing (EMDR) et al.

A further case study by Teresa Descilo, MSW informs of outcomes from an ongoing project to provide help to at-risk middle-school students in an inner-city setting.

An introduction by Robert H. Moore, Ph.D. provides background into how TIR provides relief for symptoms of Post-Traumatic Stress Disorder (PTSD) and firmly establishes the roots of TIR in the traditions of desensitization, imaginal flooding, and Rogerian techniques.

This book contains the most detailed list of Traumatic Incident Reduction and Metapsychology resources yet published. This appendix includes references to dissertations, books, selected journal articles, AMI/TIRA newsletter compendium, web resources, and the TIR and Metapsychology lecture series (audio). Includes index.

"We are very impressed with the power and simplicity of TIR in helping trauma sufferers work through their frightening experiences and find great relief."

- Charles R. Figley, Ph.D., editor of TRAUMATOLOGY

"Being able to watch someone go from confusion to certainty, from sadness to happiness in a single session is a wonderful privilege. It is invigorating. I get the same satisfaction and joy from teaching Metapsychology techniques to others."

- Lori Beth Bisbey, Ph.D., Chartered Counselling Psychologist

"TIR does not require years of collegiate study to pre-qualify the provision of assistance to others. The efficacy of TIR is not contingent on the unique talents of a particular facilitator. The procedure is standardized and does not require continuous adjustments."

- Wendy Coughlin, Ph.D.

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Traumatic Incident Reduction: Research and Results can be one of your starter books that are good idea. Many of us recommend that straight away because this reserve has good vocabulary that can increase your knowledge in words, easy to understand, bit entertaining however delivering the information. The article author giving his/her effort that will put every word into satisfaction arrangement in writing Traumatic Incident Reduction: Research and Results however doesn't forget the main place, giving the reader the hottest in addition to based confirm resource data that maybe you can be among it. This great information could drawn you into fresh stage of crucial contemplating.

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