



Oceans Apart: A Guide to Maintaining Family Ties at a Distance

Rochel U. Berman

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Oceans Apart will help you understand and enhance your long distance family relationships. In this book you will discover how to: Maintain close, loving ties with family members who live far away Plan a successful visit Keep in touch between visits *** Set aside meaningful one-on-one time with individual family members *** Manage tension and conflict from afar and during a visit *** Cope with illness and death at a distance *** Maintain ties with grandchildren *** Bridge the gap between you and your long-distance siblings, nieces and nephews *** Deal with cultural and language differences *** Use technology effectively to stay in close touch *** and much much more!

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