



# Gut Check: Confronting Love, Work, and Manhood in Your Twenties

*Tarek Saab*

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## **Gut Check: Confronting Love, Work, and Manhood in Your Twenties** Tarek Saab

Only a few years into a career marked by dazzling early success, Tarek Saab's life took a dramatic turn with his selection for Donald Trump's reality show, *The Apprentice*. Viewers soon noticed something unusual about Tarek. Throughout the chaos and pressure including several boardroom showdowns with Trump Tarek displayed a forgotten kind of manhood. In a new book, he shares his hard-won insights into love, work, and manhood and their source in a faith that is ever old, ever new.

The biggest problem by far facing men in their twenties is the crisis of manhood. Offering a completely new take on the so-called quarter-life crisis, Tarek describes his reluctant confrontation with career, relationships, and spiritual disillusionment and reveals the surprising truths he learned about what it means to be a man.

A distinctly modern-day Confessions, *Gut Check* is the wry and candid self-examination of a man whose life, despite its extraordinary twists, is full of lessons for ordinary young men. Tarek's captivating tale reveals a young man with many talents and temptations whose saving grace is a relentless pursuit of truth and the daring to be counter-cultural. Gritty, comic, utterly believable *Gut Check* is not the usual Christian fairy tale.

*Gut Check* is a manual for manhood lived the hard way. It is a book for men who never read and for men who think they have read it all. If you think you know what you really want, are you ready for a gut check?

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