

A Gentle Path Through the 12 Steps and 12 Principles Bundle: A Collection of Two Patrick Carnes Best Sellers

Patrick J. Carnes



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A Gentle Path through the Twelve Steps UPDATED and EXPANDED

It was out of his reverence and respect for the wisdom and therapeutic value of the Twelve Steps that Carnes wrote A Gentle Path through the 12 Steps, now a recovery classic and self-help staple for anyone looking for guidance for life's hardest challenges. Hundreds of thousands of people have found in this book a personal portal to the wisdom of the Twelve Steps. With updated and expanded concepts and a focus on the spiritual principles that lead to lifelong growth and fulfillment, Carnes' new edition invites a fresh generation of readers to the healing and rewarding experience of Twelve Step recovery.

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