



Skeletal Muscle: A Textbook of Muscle Physiology for Sport, Exercise and Physiotherapy, 1e

David Anthony Jones BSc PhD, Arnold De Haan, Joan Round

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This text is an essential resource for any practitioner interested in how muscles work, whether from the point of view of training for sport, treating physical problems and diseases, or understanding the basic cellular physiology and how the function interrelates with other body systems. It provides outstanding material on skeletal muscle physiology and biochemistry. The book also offers the reader important knowledge on topics like embryonic development, muscle organization, energy metabolism, structure of the muscle fiber, and mechanisms of fatigue.

- Outstanding number of photographs, illustrations and graphs assist the reader in understanding with great visual aids.
- Its thorough coverage offers the most in-depth information available on the various topics important to the field.

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