

## Workplace Counselling: A Systematic Approach to Employee Care (Philosophy)

Michael Carroll



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**Workplace Counselling: A Systematic Approach to Employee Care (Philosophy)** Michael Carroll `An invaluable resource book for anyone (counsellors, EAP providers and companies) involved in workplace counselling. Helpful and informative, it is set to become a classic text in its field' - *Counselling and Psychotherapy, The Journal of the British Association for Counselling and Psychotherapy* 

`Accessible and meaningful... a valuable contribution to the growing body of literature on counselling in specific contexts, and Michael Carroll is to be congratulated for his skill in pulling together so many strands that influence the workplace counsellor's role' - *Human Resource Management Journal* 

Hand-in-hand with the increase in numbers of organizations offering counselling for their employees comes a growing demand for counsellors who are skilled not only in helping the individual but also in managing the counselling process within a workplace setting. This practical book provides core guidance on how to operate best in an employee-counsellor role and how to tackle the issues such a role raises.

Michael Carroll presents a generic, integrative model of employee counselling which shows readers how to organize, administer and manage the counselling process, from assessment to termination, within an organizational setting. In so doing, he discusses the tasks and responsibilities of employee counsellors, covering such vital areas as: how to contract with organizations; the impact of the organization on the counselling process; evaluation; ethical dilemmas; loyalty clashes; and training and supervision.

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