



Comfortably Numb

Mike Casey

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Mine is a story of a son desperately seeking validation at any cost. You might say I was looking for love in all the wrong places. For me, I addiction seemed to be some of the only common ground I could find with my dad. Our mutual downward spirals because of substance wasn't my first choice of things to share between a father and a son but it seemed to be the only thing that leveled the playing field and brought us together. My story is just one of many tragic stories brought about by my always trying to become strong enough to face my dad and try to right all the wrongs. Sadly he died. This brought the reality it was time to stop blaming everyone for all the wrongs in my life and move forward. My new life moved into one with a life of recovery and a path to find a spiritual direction. You'll find inside these pages my path and struggles, through ups and downs... along the way, much less my almost loss of life because recovery didn't come as easily for me as it does for some.

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