



CBT for Personality Disorders

Henck van Bilsen, Brian Thomson

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This key new text on Cbt for personality disorders offers a unique trainee guide to this complex area. The book provides a practical, hands-on overview of the treatment strategies for working with personality disorders, linking these with the theory of both cognitive and behavioral approaches. Covering the full range of personality disorders, this is the most rounded and introductory guide yet.

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Kenneth Jordan:

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