



Hattie's Heart Hurts!: a children's story and personal journal about grief and loss

Cindi Walton

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Chapter book for children 5-10: Hattie's Heart Hurts is the story of a young hedgehog who is struggling with the death of her Grandma Leona. Hattie's father gives her a journal and encourages her to fill it with memories and anything that helps her to remember the good times she had with her Grandmother. Hattie finds herself making a "Memory Tree" with each leaf containing a written memory of her beloved Grandma Leona. With each memory, Hattie's heart hurts less as she fills her journal with wonderful memories of the past and comes to realize that as long as she has her memories, her grandma will forever be in Hattie's heart. The back of the book provides a personal journal section for the child to make their own "Memory Tree" or draw pictures of some of their favorite memories of their loved one. This book was written by a Nana who sincerely believes that loving memories and the support of others is the best way to make a hurting heart heal! Hattie's Heart Hurts can easily be understood by the younger child as it is read to them or can be read alone by a child with second grade reading skills. The activities/journal in the back of the book will require adult assistance for the younger child who is grieving. This book dealing with bereavement is also beneficial when used in group therapy grief sessions for individual and families alike.

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From reader reviews:

Madeline Wayt:

This book untitled Hattie's Heart Hurts!: a children's story and personal journal about grief and loss to be one of several books that will best seller in this year, this is because when you read this guide you can get a lot of benefit upon it. You will easily to buy that book in the book retailer or you can order it by means of online. The publisher of the book sells the e-book too. It makes you more readily to read this book, since you can read this book in your Mobile phone. So there is no reason for your requirements to past this guide from your list.

Richard Hennessy:

Playing with family in a park, coming to see the ocean world or hanging out with pals is thing that usually you may have done when you have spare time, and then why you don't try point that really opposite from that. One particular activity that make you not experiencing tired but still relaxing, trilling like on roller coaster you already been ride on and with addition details. Even you love Hattie's Heart Hurts!: a children's story and personal journal about grief and loss, you can enjoy both. It is good combination right, you still want to miss it? What kind of hangout type is it? Oh can occur its mind hangout men. What? Still don't get it, oh come on its referred to as reading friends.

William Prentice:

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