



Men's Cooking: A No-Nonsense Guide to Buying, Cooking and Eating Great Food (Owner's Kitchen Manual)

Chris Maillard

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Full of sensible advice and focused on techniques rather than just recipes, this book is about teaching people how to cook absolutely anything, rather than just a set of predetermined dishes. It shows the short-cuts and straight-forward skills that will make cooking a simple, enjoyable activity instead of a terrifying mystery.

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