



Falls in Older People (Essential Falls Management)

Rein Tideiksaar Ph.D.

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Presenting evidence-based practices throughout, this easy-to-read manual is a comprehensive guide to preventing and managing falls in hospitals and long-term care settings. Now in its fourth edition, the award-winning guide explores the internal and external causes of falls, analyzes their consequences, provides clinical assessments for actual falls as well as risks for falling, and promotes an interdisciplinary approach to falls management. Jam-packed with practical strategies, assessment tools, and management practices, Falls in Older People includes all the medical, rehabilitative, and environmental strategies, needed in any care setting to protect the safety and health of at-risk older adults.

Don't miss these useful features:

- * a foolproof, reliable, differential diagnosis screening tool that takes less than 10 minutes to use!
- * tie-ins to the MDS
- * recommendations for restraint reduction or elimination
- * forms, checklists, and summaries that can be easily adapted for in-service handouts
- * a practical "early-warning" system for fall risk

This is an essential resource for nursing and direct care staff responsible for care planning, along with geriatricians, allied health professionals, administrators, and professional and family caregivers.

New to this edition!

- * A complete summary of the most up-to-date, evidence-based practices in falls management and prevention
- * Expanded guidelines and assessment tools
- * Step-by-step guidance for implementing both procedural and organizational best-practices
- * Home safety guidelines for patients and families
- * Nine additional case studies
- * Larger book size for ease of use

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