



How to Dream: A Guide to an Extraordinary Life

Umair Haque

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In this elegant, practical book, celebrated author Umair Haque, one of the globe's top leadership experts, guides, challenges, and inspires readers to expand the power and purpose of their dreams. Our burning aspirations and great ambitions shape the potential our lives have for meaning and for happiness. But here is the inconvenient truth. Dreaming well is a lost art. It isn't taught at school, work, or play. You can't learn it in the boardroom, the classroom, or on the playing field. Yet the fact is: dreaming truly well—not just dreaming bigger, wilder or more fanciful dreams—is what guides us home to the shores of fulfillment.

Gleaning lessons from history's great pioneers, rebels, and renegades, weaving together insights from psychology, leadership, and economics, Haque explains that though we are taught to believe that we should dream of empires and palaces, fortunes and accolades, a well dreamt dream is none of those—nor is it a wishful consumerist fantasy of conspicuous consumption. It is a lighthouse. An answer that overflows with truth and meaning to life's great questions. Who should you be? Why are you here? What significance will your life hold? It guides all those who follow it—including the dreamer themselves—home to their truest selves: lives that resound with possibility, happiness, and meaning.

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